February 2010 Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 **11:00 AM**: Gentle Hot-Maria C. **4:00 PM**: Vinyasa Mix-All Levels-Krisinta	**February 1** **8:30 AM**: Vinyasa Mix-All Levels-Joanie **10:00 AM**: Chair Yoga-Mix Levels-Caren **3:30 PM**: Youth I, 4yr-6y4 **4:30 PM**: Family w/ Youth, Ages 7yrs + **6:00 PM**: Hatha Flow-All Levels-Marjie	2 **10:00 AM**: Chair Yoga-Mix Levels-Maria M. **12:00 PM**: Stress Relief Yoga-Acacia/Maria M. **2:00 PM**: Youth I, 4yr-6yr. **3:30 PM**: Youth & Tween Mix, 7yr-12yr. **4:30 PM**: Teens, 12yr +. **5:15 PM**: Vinyasa w/ Aromatherapy-Beg/Intm-Maria C. **7:00 PM**: Beg/Intm Hatha-Acacia/Maria M. **8:00 PM**: Restorative Yoga-Maria M.	3 **8:30 AM**: PAY WHAT YOU CAN-All Levels-Caren. **11:00 AM**: Stress Relief Yoga-Maria M. **12:00 PM**: Gentle Hot-All Levels-Caren. **4:00 PM**: Pay What You Can-Parent & Baby. **5:00 PM**: Pay What You Can-Gentle Hot All Levels-Caren. **6:00 PM**: Hatha Flow-All Levels-Marjie **7:30 PM**: PreNatal Yoga-Acacia	4 **9:00 AM**: Gentle Hot-All Levels-Caren. **11:00 AM**: Pay What You Can-Parent & Toddler, Walkers to 3yrs. **12:00 PM**: Hatha Flow-All Levels-Caren **4:00 PM**: Beginners-Maria M. **5:15 PM**: Vinyasa w/ Aromatherapy-All Levels-Maria C. **6:30 PM**: Vinyasa Mix-All Levels-Joanie. **8:00 PM**: Restorative Yoga-Maria M.	5 **8:30 AM**: Hatha Flow All Levels-Caren **10:00 AM**: Chair Yoga-Mix Levels-Caren $5/class **12:00 PM**: Restorative Yoga-Maria M.	6 **8:30 AM**: Hatha Flow-All Levels-Caren **10:00 AM**: Parent & Toddler, Walkers to 3yrs **11:00 AM**: Pay What You Can-Family w/ Youth, 4yr-9yr.
7 **11:00 AM**: Gentle Hot-Maria C. **4:00 PM**: Vinyasa Mix-All Levels-Krisinta	8 **8:30 AM**: Vinyasa Mix-All Levels-Joanie **10:00 AM**: Chair Yoga-Mix Levels-Caren **3:30 PM**: Youth I, 4yr-6y4 **4:30 PM**: Family w/ Youth, Ages 7yrs + **6:00 PM**: Hatha Flow-All Levels-Marjie	9 **10:00 AM**: Chair Yoga-Mix Levels-Maria M. **12:00 PM**: Stress Relief Yoga-Acacia/Maria M. **2:00 PM**: Youth I, 4yr-6yr. **3:30 PM**: Youth & Tween Mix, 7yr-12yr. **4:30 PM**: Teens, 12yr +. **5:15 PM**: Vinyasa w/ Aromatherapy-Beg/Intm-Maria C. **7:00 PM**: Beg/Intm Hatha-Acacia/Maria M. **8:00 PM**: Restorative Yoga-Maria M.	10 **8:30 AM**: PAY WHAT YOU CAN-All Levels-Caren. **11:00 AM**: Stress Relief Yoga-Maria M. **12:00 PM**: Gentle Hot-All Levels-Caren. **4:00 PM**: Pay What You Can-Parent & Baby. **5:00 PM**: Pay What You Can-Gentle Hot All Levels-Caren. **6:00 PM**: Hatha Flow-All Levels-Marjie **7:30 PM**: PreNatal Yoga-Acacia	11 **9:00 AM**: Gentle Hot-All Levels-Caren. **11:00 AM**: Pay What You Can-Parent & Toddler, Walkers to 3yrs. **12:00 PM**: Hatha Flow-All Levels-Caren **4:00 PM**: Beginners-Maria M. **5:15 PM**: Vinyasa w/ Aromatherapy-All Levels-Maria C. **6:30 PM**: Vinyasa Mix-All Levels-Joanie. **8:00 PM**: Restorative Yoga-Maria M.	12 **8:30 AM**: Hatha Flow All Levels-Caren **10:00 AM**: Chair Yoga-Mix Levels-Caren $5/class **12:00 PM**: Restorative Yoga-Maria M.	13 **8:30 AM**: Hatha Flow-All Levels-Caren **10:00 AM**: Parent & Toddler, Walkers to 3yrs **11:00 AM**: Pay What You Can-Family w/ Youth, 4yr-9yr.
14 **11:00 AM**: Gentle Hot-Maria C. **4:00 PM**: Vinyasa Mix-All Levels-Krisinta	15 **8:30 AM**: Vinyasa Mix-All Levels-Joanie **10:00 AM**: Chair Yoga-Mix Levels-Caren **3:30 PM**: Youth I, 4yr-6y4 **4:30 PM**: Family w/ Youth, Ages 7yrs + **6:00 PM**: Hatha Flow-All Levels-Marjie	16 **10:00 AM**: Chair Yoga-Mix Levels-Maria M. **12:00 PM**: Stress Relief Yoga-Acacia/Maria M. **2:00 PM**: Youth I, 4yr-6yr. **3:30 PM**: Youth & Tween Mix, 7yr-12yr. **4:30 PM**: Teens, 12yr +. **5:15 PM**: Vinyasa w/ Aromatherapy-Beg/Intm-Maria C. **7:00 PM**: Beg/Intm Hatha-Acacia/Maria M. **8:00 PM**: Restorative Yoga-Maria M.	17 **8:30 AM**: PAY WHAT YOU CAN-All Levels-Caren. **11:00 AM**: Stress Relief Yoga-Maria M. **12:00 PM**: Gentle Hot-All Levels-Caren. **4:00 PM**: Pay What You Can-Parent & Baby. **5:00 PM**: Pay What You Can-Gentle Hot All Levels-Caren. **6:00 PM**: Hatha Flow-All Levels-Marjie **7:30 PM**: PreNatal Yoga-Acacia	18 **9:00 AM**: Gentle Hot-All Levels-Caren. **11:00 AM**: Pay What You Can-Parent & Toddler, Walkers to 3yrs. **12:00 PM**: Hatha Flow-All Levels-Caren **4:00 PM**: Beginners-Maria M. **5:15 PM**: Vinyasa w/ Aromatherapy-All Levels-Maria C. **6:30 PM**: Vinyasa Mix-All Levels-Joanie. **8:00 PM**: Restorative Yoga-Maria M.	19 **8:30 AM**: Hatha Flow All Levels-Caren **10:00 AM**: Chair Yoga-Mix Levels-Caren $5/class **12:00 PM**: Restorative Yoga-Maria M.	20 **8:30 AM**: Hatha Flow-All Levels-Caren **10:00 AM**: Parent & Toddler, Walkers to 3yrs **11:00 AM**: Pay What You Can-Family w/ Youth, 4yr-9yr.
21 **11:00 AM**: Gentle Hot-Maria C. **4:00 PM**: Vinyasa Mix-All Levels-Krisinta	22 **8:30 AM**: Vinyasa Mix-All Levels-Joanie **10:00 AM**: Chair Yoga-Mix Levels-Caren **3:30 PM**: Youth I, 4yr-6y4 **4:30 PM**: Family w/ Youth, Ages 7yrs + **6:00 PM**: Hatha Flow-All Levels-Marjie	23 **10:00 AM**: Chair Yoga-Mix Levels-Maria M. **12:00 PM**: Stress Relief Yoga-Acacia/Maria M. **2:00 PM**: Youth I, 4yr-6yr. **3:30 PM**: Youth & Tween Mix, 7yr-12yr. **4:30 PM**: Teens, 12yr +. **5:15 PM**: Vinyasa w/ Aromatherapy-Beg/Intm-Maria C. **7:00 PM**: Beg/Intm Hatha-Acacia/Maria M. **8:00 PM**: Restorative Yoga-Maria M.	24 **8:30 AM**: PAY WHAT YOU CAN-All Levels-Caren. **11:00 AM**: Stress Relief Yoga-Maria M. **12:00 PM**: Gentle Hot-All Levels-Caren. **4:00 PM**: Pay What You Can-Parent & Baby. **5:00 PM**: Pay What You Can-Gentle Hot All Levels-Caren. **6:00 PM**: Hatha Flow-All Levels-Marjie **7:30 PM**: PreNatal Yoga-Acacia	25 **9:00 AM**: Gentle Hot-All Levels-Caren. **11:00 AM**: Pay What You Can-Parent & Toddler, Walkers to 3yrs. **12:00 PM**: Hatha Flow-All Levels-Caren **4:00 PM**: Beginners-Maria M. **5:15 PM**: Vinyasa w/ Aromatherapy-All Levels-Maria C. **6:30 PM**: Vinyasa Mix-All Levels-Joanie. **8:00 PM**: Restorative Yoga-Maria M.	26 **8:30 AM**: Hatha Flow All Levels-Caren **10:00 AM**: Chair Yoga-Mix Levels-Caren $5/class **12:00 PM**: Restorative Yoga-Maria M.	27 **8:30 AM**: Hatha Flow-All Levels-Caren **10:00 AM**: Parent & Toddler, Walkers to 3yrs **11:00 AM**: Pay What You Can-Family w/ Youth, 4yr-9yr.
28 **4:00 PM**: Vinyasa Mix-All Levels-Krisinta	**March 1** **8:30 AM**: Vinyasa Mix-All Levels-Joanie **10:00 AM**: Chair Yoga-Mix Levels-Caren **3:30 PM**: Youth I, 4yr-6y4 **4:30 PM**: Family w/ Youth, Ages 7yrs + **6:00 PM**: Hatha Flow-All Levels-Marjie	2 **10:00 AM**: Chair Yoga-Mix Levels-Maria M. **12:00 PM**: Stress Relief Yoga-Acacia/Maria M. **2:00 PM**: Youth I, 4yr-6yr. **3:30 PM**: Youth & Tween Mix, 7yr-12yr. **4:30 PM**: Teens, 12yr +. **5:15 PM**: Vinyasa w/ Aromatherapy-Beg/Intm-Maria C. **7:00 PM**: Beg/Intm Hatha-Acacia/Maria M. **8:00 PM**: Restorative Yoga-Maria M.	3 **8:30 AM**: PAY WHAT YOU CAN-All Levels-Caren. **11:00 AM**: Stress Relief Yoga-Maria M. **12:00 PM**: Gentle Hot-All Levels-Caren. **4:00 PM**: Pay What You Can-Parent & Baby. **5:00 PM**: Pay What You Can-Gentle Hot All Levels-Caren. **6:00 PM**: Hatha Flow-All Levels-Marjie **7:30 PM**: PreNatal Yoga-Acacia	4 **9:00 AM**: Gentle Hot-All Levels-Caren. **11:00 AM**: Pay What You Can-Parent & Toddler, Walkers to 3yrs. **12:00 PM**: Hatha Flow-All Levels-Caren **4:00 PM**: Beginners-Maria M. **5:15 PM**: Vinyasa w/ Aromatherapy-All Levels-Maria C. **6:30 PM**: Vinyasa Mix-All Levels-Joanie. **8:00 PM**: Restorative Yoga-Maria M.	5 **8:30 AM**: Hatha Flow All Levels-Caren **10:00 AM**: Chair Yoga-Mix Levels-Caren $5/class **12:00 PM**: Restorative Yoga-Maria M.	6 **8:30 AM**: Hatha Flow-All Levels-Caren **10:00 AM**: Parent & Toddler, Walkers to 3yrs **11:00 AM**: Pay What You Can-Family w/ Youth, 4yr-9yr.